

Hotel Information A to Z

A warm welcome at the Sonnenhotel Adler!

This information should help you to feel at home and to find your way round right from the start. We will do everything so that you will have a relaxing and enjoyable holiday at our hotel! If you have any questions, doubts or complaints, please contact our reception. Reception can be contacted dialing 1001.

Adults-only hotel: At the Sonnenhotel Adler we aim to meet the needs of guests over the age of 16. Even the world's most loving parents occasionally need a break from the daily routine. Some time to yourselves in a beautiful landscape can give you a new burst of energy and refresh both your body and spirit. Rediscover the important things in life: your partner, your health, nature and yourself. Enjoy every moment and just be yourself.

Adler Nature Spa: Enjoy our wellness area with herbal biosauna, aroma steam bath, finnish spruce sauna, infrared health cabin, kneipp pool and outdoor hot tub. Wellness at Sonnenhotel Adler means swimming in our large, light-flooded panoramic indoor swimming pool with counter-current system, waterfall and starry sky as well as resting on our lawn with sun loungers and a shaded romantic lounge. You are welcome to relax in the outdoor-whirlpool, recuperate in our new saunas, refresh in our Kneipp bath and ice fountain or enjoy a soothing massage with products and oils from South Tyrol.

Alm (Villanderer Alm): Our pasture is Europe's second largest alpine pasture. At the same time it is "the" high plateau with the most beautiful panoramic view of the Dolomites. You can choose between numerous walks between 1700 and 2500 meters above sea level (highest point: Villanderer Mountain 2509 m). Even in wintertime the Villanderer Alm is a wonderful hiking paradise: 30 km of groomed trails and cross-country trails, magnificent natural toboggan runs – and an eldorado for snowshoe hikers. Guided snowshoe- and winter hikes are organized five times a week. Sleds are provided free of charge by the hotel. Every hour a public bus takes you up to the pasture (Gasser Hütte). Using your South Tyrol Guest Pass the use is free of charge.

We, the Sonnenhotel Adler, have a mountain pasture up at the Villanderer Alm (at 2000 meters), where our farm animals graze in summer. From mid-june to mid-october, we organize a weekly barbecue there for our guests, so you can enjoy the breathtaking view of the Dolomites. In summer as well a public bus takes you up to the pasture (Gasser Hütte), free of charge when using your guest card.

Arrival and departure: On day of arrival the booked rooms are available from 2:00 p.m.. At your day departure you can enjoy the room until 10:00 a.m. and still make use of our wellness area and the Vital buffet until 6:00 p.m. The charge for this is only € 20 per person (please ask at reception).

Bank: The Raiffeisen bank with ATM function is located in the center of the village next to the tourism office and the elementary school.

Barbecue: In summer months we organize a weekly hiking tour with barbecue at our mountain hut. To be able to take the following days weather into account, the event will be announced the evening before.

Beverages: The drinks consumed – also from the sister hotel - will be charged to your room.

Breakfast: We will spoil you with a rich breakfast buffet from 7:30 a.m. to 10:00 a.m.. Try our different types of homemade bread, jams and our ham sausages made by juniorchef Reinhold.

Dinner: We serve you a varied menu with salad buffet and crudités from chef Reinhold and seniorchef Rosa and their creative team. We own our own small businesses: a bakery, a pastry shop and a butcher's shop. They supply us with high-quality products, all typical for this area. This includes fresh bread, pasta, jams and cakes, cold meats such as Kaminwurzen (smoked South Tyrolean salami), Schlutzkrapfen (Tyrolean ravioli) and many types of homemade dumpling. Our high quality, all-organic meat comes from the pigs and Scottish Highland cattles. They raise outdoors under the careful supervision of senior chef, Franz Josef, near our sister hotel, the Untertheimerhof. For the period of your stay, we reserved a table for you for breakfast and dinner. Dinner: from 6:30 p.m. Please come to the dining-room before 7:30 p.m.

Doctor: Of course we hope you won't need one! On the contrary, please contact reception. Reception can be contacted dialing 1001. In case of emergency, dial 112 or 0-112 with the room telephone.

Dogs: Your dog is welcome in any type of room. He can also join you on the large sun terrace, in the bar and lounge area and in our Jägerstube. On request, we will be happy to set aside a special table for you, so that your faithful friend can accompany you to meals instead of sitting alone in your room. However, we hope you understand that dogs cannot be taken into the dining room, the spa area and the sunbathing area. You and your dog have your own sunbathing area with a view of the Dolomites at your disposal.

Electric vehicles and cars: The Sonnenhotel Adler has a 22 kW charging station for electric vehicles. For information please contact our reception staff.

Garage: Our garage is available for a daily fee. Our open parking spaces are free of charge.

Health: The Sonnenhotel Adler promotes health and relaxation, and skilfully combines pleasure with physical and psychological well-being. You can enjoy the healthy cuisine of our juniorchef Reinhold, restful sleep in our comfortable rooms and enjoy all the benefits of our wellness treatments.

Hairdressing salon: A men's and women's hairdresser is located next to the bakery Stampfl, just one minute from the hotel, for appointments call +39 376 1785385.

Hiking: You can borrow various hiking maps, hiking poles and also backpack at the reception free of charge. Various hiking maps of the surrounding area are available at the reception. Our reception team will be happy to provide you with further information.

Internet: Whether you want to check your e-mails or just surf the Internet... in the whole hotel area you can access the internet free of charge via wireless LAN. The password is: ADLER9938

Massage: Would you like to pamper yourself with a massage or another beauty treatment? Try the products of our mountains... We only use high quality natural herbs, oils and essences, sourced from this mountain area. This way we make our contribution to keeping local culture. Please contact the reception for an appointment.

Museums: In Villanders/Villandro you will find a mining museum and an archeopark. The "Pfunderer Bergwerk" once was one of the most significant mines of Tyrol. Besides we recommend the Messner Mountain Museum in Bozen/Bolzano and Bruneck/Brunico, the Ötzi Museum in Bozen/Bozano and the Touriseum in the botanical Gardens of Schloss Trauttmansdorff near Meran/Merano. Are you interested in traditional Tyrolean culture? Then the Folklore Museum Dietenheim near Bruneck/Brunico, listed by ADAC as one of the most beautiful open-air museums, is an ideal place for you. With your South Tyrol Guest Pass, which you receive free of charge from us on arrival, you have free access to over 90 museums in South Tyrol.

Pharmacy: Pharmacy: The nearest pharmacy is located in Klausen/Chiusa: +39 0472 846 096.

Phone: Select 0 for activation and the prefix of country, for example 0-0049 for Germany, 0-0041 for Switzerland or 0-0044 for England. Now dial your city code and please don't forget to omit the zero of the city code; for example 0049-9342-7563. For

direct access to another room, please select the respective room number and 1 before. For example for room number 308 dial 1308. Reception can be contacted dialing 1001.

Post: Every day our hotel letter box at the entrance will be emptied at 10:00 a.m.. Stamps and postcards are available at the reception.

Public Transportation: Please get the necessary information about timetables of the various means of transport at reception or on the homepage: www.sii.bz.it/en. The bus stop is just 50 meters away, in front of the hotel and the tourist office. With your South Tyrol Guest Pass you can use the entire South Tyrolean public transportation network free of charge.

Reception: Is the keyword whenever you have any questions! We are pleased to help you with almost any advice and service. The phonenumber is 1001.

Repairs: If something is defective or broken somewhere in your room or in our house, please let us know. We place a lot of value on keeping everything in order.

Safe: You will find a safe in your wardrobe. You can use it free of charge! Use your room card for it.

Sauna area: The finnish sauna in spruce wood, the bio sauna with alpine herbs, the aromatic steam bath and the infrared cabin are open from 3:00 p.m. to 6:30 p.m.

Shoe cleaning machine: You will find a shoe cleaning machine at the hotel entrance and in the garage.

Shopping: Just go to Villanders/Villandro, to the medieval towns of Klausen/Chiusa (4 km) or Brixen/Bressanone (16 km). Also a trip to Bozen/Bolzano (27 km) or Meran/Merano (60 km) is worth-while. Be aware though some that some shops in the towns close from 12:00 a.m. to 3:00 p.m. Especially the weekly markets are very popular, too: Monday in Brixen/Bressanone, on Wednesday in Bruneck/Brunico, on Friday in Meran/Merano and on Saturday in Bozen/Bolzano.

South Tyrol Guest Pass: On your arrival you will receive the South Tyrol Guest Pass from us free of charge - an advantage card with many free offers and discounts. You can use all public transport in South Tyrol, take the mountain railway to the Ritten/Renon or to the Rittnerhorn free of charge, enjoy a wine tasting, visit an interesting museum... Enjoy a carefree and eventful holiday with us.

Smoking: Our hotel is a non-smoking hotel. Ashtrays are available on the balcony of your room, on the terrace and on the lawn. Thank you for respecting the smoking-free areas.

Sports: The Sonnenhotel Adler in Villanders and its surroundings offer you a virtually limitless range of outdoor activities and sports: hiking, cross-country skiing or sledding on the Villanderer Alm, skiing in the Dolomites, mountain biking in the direction of the Rittner Horn, playing tennis next door or golf at the foot of the Seiser Alm, mountain climbing in the Villnösser Tal, rafting in the Eisack or biking through the Eisacktal.

Supermarket: The supermarket next to our hotel offers a good choice of every day articles.

Sustainability and regionality are part of our philosophy. Our entire hotel is supplied with renewable energy from our combined heat and power plant (Blue Angel). We use it to produce heat and electricity. We also utilise the energy of the sun to generate heat. Villanders/Villandro, with over 300 days of sunshine a year, is ideal for this. We also have an electric charging station at both hotels, the Sonnenhotel Adler and the Berglandhotel Untertheimerhof. We mainly use regional food from local farmers. Some of it comes from our own organic farm with Scottish Highland cattle and free-range pigs as well as our herb and vegetable gardens. Our device is making products and dishes ourselves. You are what you eat!

Swimming Pool: Our panoramic indoor pool with massage station on the first floor is open from 5:00 a.m to 7:00 p.m. Our guests can also use the solar-heated outdoor pool at our sister hotel, the Untertheimerhof, just 300 metres away (open from 6 a.m. to 7 p.m., June to October).

Tennis: A tennis court is virtually next to the hotel. For information please contact our reception staff.

Thought provoking impulse: We are always very grateful for it.

Time: Dear guests, please take your time during your vacation and enjoy! Our team would like to make the best of your stay. Sometimes this takes time.

Tipping: Many of our guests would like to know how to handle best tipping. Tipping is a big motivation for all employees. Everything is collected in a common fund. We believe that this leads to a better team spirit. If you want to give a tip for good service, we ask you to do so by using the little pig at the reception. This money will be collected and distributed equally among all employees at the end of the month.

Toboggan runs: Some winter toboggan runs are on the Villanderer Alm, above the Gasser Hütte. Free rental of toboggans in the hotel!

Toothbrush forgotten? We can provide one for you.

Towels: For the sake of the environment please put the towels to be washed on the floor.

Tourism office: The Tourism office is located in the center village opposite the Supermarket and our hotel.

Umbrella: If it rains, even if that doesn't happen often in South Tyrol with more than 300 sunny days, we are pleased to lend you an umbrella.

Untertheimerhof: Our main house the Berglandhotel Untertheimerhof is located at a distance of about 300 m from the Sonnenhotel Adler. There you can enjoy the spa area and the quiet pool with sunbathing area as well. You are welcome at the afternoon buffet from 1:30 p.m. to 4:00 p.m., too.

Voucher: Make someone happy. What about a voucher for your dearest ones at home? Just have one of our Adler vouchers issued!

Weather: "When angels travel ..." You will get the daily weather forecasts at the reception.

Weekly markets: Clothes & fashion, footwear, leather goods and much more on Monday in Brixen/Bressanone, on Wednesday in Bruneck/Brunico, on Friday in Meran/Merano and on Saturday in Bozen/Bolzano.

Whirlpool: Enjoy a wonderful jacuzzi experience in our wellness area. The Jacuzzi is open daily from 3:00 a.m. to 7:00 p.m.

Last but not least: We would like to thank you that you have chosen our hotel! Your needs and wishes are also ours. We hope you enjoyed your stay in our hotel. We would appreciate a short entry in the portals of google or [tripadvisor](#). If you have points to criticism please tell it us personally! We are always open for suggestions, feedbacks and further questions, because we want you to "feel at home!"

**Family Rabensteiner and their employees
wish you a pleasant stay
at the Sonnenhotel Adler!**